

REFERRAL RESOURCES

National Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

800-273-8255

888-628-9454 (Spanish)

Bayside Center for Behavioral Health

941- 917-7760

www.smh.com

Clinical Assessment Center is available

24 hours at no cost to individuals suffering from depression, anxiety, substance abuse, or other mental health illnesses

First Step Access Center –Walk-in Center

941-552-1950

www.fsos.org/access-center

Call for immediate counseling and referral services to individuals or families experiencing mental health or substance abuse services.

Operation Warrior Resolutions

941-806-5722

www.operationwarriorresolution.org

Providing innovative, holistic treatments for mental health to veterans and their family members

Resilient Retreat

www.resilientretreat.org

941-343-0039

Serving those who have experienced trauma themselves or those in helping professions and empowers them to thrive through self-care. Services are free and confidential.

Second Chance Last Opportunity

941-360-8660

www.secondchancelastopportunity.org

No person is denied counseling because of a lack of finances.

Tidewell Hospice

941-552-7500

www.tidewell.org

Offers free grief education, one on one and in groups, and support services whether or not the loved one was a Tidewell patient.

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